



Ridin' the Wave of the Future

7th Annual FL SAND Conference

January 25-27, 2019

Florida Hotel & Conference Center / Orlando



Welcome

Dear FL SAND Members,

Welcome to the 7th Annual FL SAND Conference! There has never been a better time to be part of the self-advocacy movement here in Florida, as we ride the wave of the future! We are so happy that you are here.

As the president of the board, I could not be more proud of the work we have accomplished thus far and I am looking forward to the many exciting things that are just on the horizon for FL SAND, things that will only be accomplished with the continued hard work and dedication of each and every one of you!

I would like to thank every self-advocate, advisor, sponsor, presenter, and supporter that has helped to make this conference happen. It is my hope that during this conference we can utilize our unique talents and our collective passion for advocacy to propel FL SAND forward and ensure our continued leadership in the self-advocacy movement in Florida.

Warmly,



Amanda Baker

Amanda Baker &

Your FL SAND Board of Directors

From your provider . . .

On behalf of Organizational Management Solutions, we hope you enjoy the 2019 conference! We're excited about the momentum FL SAND is building, thanks to the hard work of the board, local groups, and advisors, and are committed to supporting you in keeping the wave moving in the direction of sustainability, influence, and impact to effect long-term systems change in our great state! It's our desire that FL SAND become the best it can be in the coming years and continue to have a profound, lasting voice in Florida's disability advocacy movement.



—Tina St. Clair & Kelli Munn

FL SAND Board of Directors



Amanda Baker
President
Elephant Herds



Eddie Hall
Vice President
Polk County Self-
Advocates Alliance



Rachael Riccobene
Secretary
Stand Up For
Independence



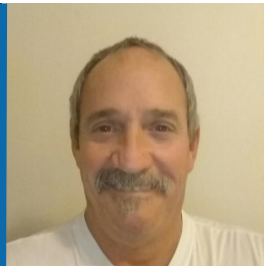
Mildretta Williams
Treasurer
Self-Advocates of
East Volusia



Jimmy Fricke
Parliamentarian
Village Voices



Moira Rossi
Advocates
Reaching the
Community



**Scooter
Robinson**
New Horizons



Randy Hill
Voices Heard



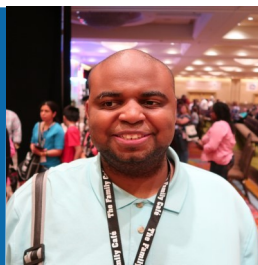
Jaime Torres
Self-Advocacy for
an Independent
Life



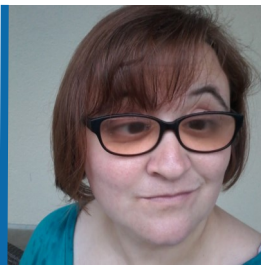
Indya Barnes
Abilities Venti



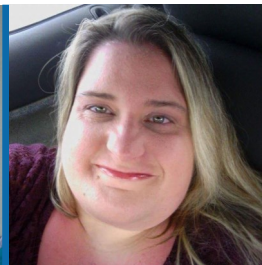
Frank Shalett
People First of
South Florida



Joseph Slack
Santa Rosa
Transformers



**Amanda
Ranochak**
MAGICAL



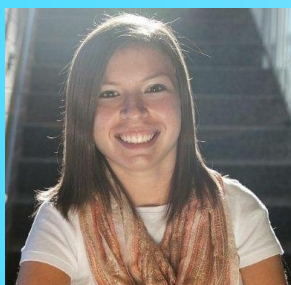
Somer Meyer
Clay County
Change Makers

**Board Rep
TBD**
Soaring With
Advocacy

**Board Rep
TBD**
Mega Champions
of Advocacy



Presenters



Sarah Goldman's life with cerebral palsy has been about overcoming barriers and not letting them stop her from achieving her goals. She has bachelor's and master's degrees in social work and currently works for State Representative Ben Diamond in St. Petersburg. Sarah is the 2017 Idelio Valdes Leadership and Advocacy Award winner. Sarah represented the United States as an ambassador at the 2008 Paralympic Games in Beijing, and in 2014, was appointed to serve on the Governors Commission on Jobs for Floridians with Disabilities.



Margaret J. Hooper has been the public policy coordinator of the Florida Developmental Disabilities Council since 2005. A registered lobbyist, her primary responsibility is the planning, development, and coordination of the council's public policy and advocacy activities. Margaret has been a court counselor for the Office of the Public Guardian; a project director of the Louis de la Parte Florida Mental Health Institute (FMHI); and served as executive director of the Alzheimer's Project of Tallahassee.



Amanda Baker is a self-advocate from Panama City now living in Tallahassee. She is vice chair of the FDDC, president of FL SAND, and founder of the Elephant Herds self-advocacy group in Panama City. She is a graduate of Partners in Policymaking and recipient of the 2015 Idelio Valdes Leadership and Advocacy Award. Amanda is a certified work incentives and Planning Practitioner and previously worked for the Division of Vocational Rehabilitation.



Christina St.Clair is CEO of Organizational Management Solutions, a consulting firm in Jacksonville, and training and technical assistance provider to FL SAND. She previously worked for Lutheran Services Florida and the Department of Children and Families as an administrator for the public mental health and substance abuse system of care. She is a licensed clinical social worker, master's level certified addictions professional, substance abuse professional and earned a law degree in 2018.



Kelli Munn partners with Tina St.Clair at Organizational Management Solutions to provide training and technical assistance to FL SAND. She is the owner of Kelli Munn PRM, a project management consulting company in Naples and has more than 25 years experience in higher education and nonprofit communication. Kelli has taught communication, journalism, and public relations at the University of Florida, Valdosta State University, Auburn University, and East Carolina University.

Presenters



Kevin McDaniel is the ADA coordinator and chief of the Disabled Services Division for the City of Jacksonville. His previous roles include program coordinator for the disability parking enforcement program, 508 compliance officer, and liaison to Mayor Lenny Curry's Disability Council. His goal is to improve the quality of life for citizens with disabilities by working to resolve the barriers they encounter in areas such as transportation, housing, accessibility, discrimination, and employment.



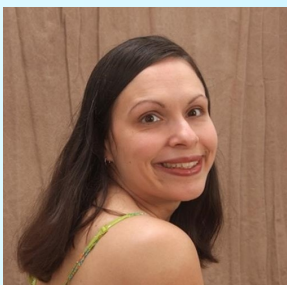
Natalie Alden has been working in the disability rights field for more than 30 years, many of them as a senior advocate-investigator with Disability Rights Florida where she focuses on Social Security, employment, and health insurance issues. She has worked hands on for systems change through working on pilot projects that have gone on to national implementation and organizing grassroots empowerment groups. She has received both the Ron Halsey Memorial Award and the Jack Gillrup Community Leadership Award.



Wendy Vance is an advocacy investigator with Disability Rights Florida. She has worked in the social services field with the goal of improving the lives of individuals with visual disabilities since 2006 when she joined the Division of Blind Services, eventually being named supervisor of the Jacksonville office. Other organizations Wendy has served include the Division of Vocational Rehabilitation, Vision Innovation and Solutions, and First Coast Vision Aids.

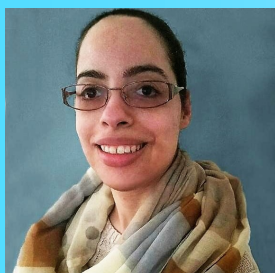


Jason Hahr is the communications chairman for the Florida Chapter of REV UP, a voter action and advocacy group affiliated with the American Association of People with Disabilities (AAPD). In this role, Jay oversees the organization's communications and social media presence. Jason is also a freelance writer and works as a writer for Florida Self-Advocacy Central.



Christinne Rudd has a master's degree in criminal justice and bachelor's degree in legal studies, both from the University of Central Florida. She is the past treasurer for the Florida Alliance for Assistive Services and Technology (FAAST) board and is FL SAND's MAGICAL group advisor in Orlando. She is a writer and editorial coordinator for Florida Self-Advocacy Central and a disability advocacy speaker. Christinne's writing has appeared in "The Mighty" and "Huffington Post," as well as her own blog.

Presenters



Natalie Jean has worked for the Agency for Persons with Disabilities since 2014. She is the agency's lead on activities related to self-advocacy and currently serves in the position of ombudsman. She is a self-advocate and is passionate about self-advocacy, person-centered planning, inclusion, and accessibility.



Denise Prehay is the president of People First of South Florida's North Dade Chapter and serves on the Family Care Council, Area 11. She is a graduate of the Self-Advocate Leadership (SALT) training program and is a SALT trainer. Denise became an advocate at a young age out of frustration stemming from not being understood because of her speech impediment. She was often ignored or ridiculed by others, including her family. These experiences made her even more motivated to speak out against injustices towards persons with disabilities.



Denise Torres is the advisor to FL SAND groups in Jacksonville. She retired from the Navy as a hospital corpsman and career counselor after 20 years of service and currently works for The Arc Jacksonville as an advocacy specialist. She is co-chair of the Family Care Council, Area 4, and a member of the Mayor's Disability Council for the City of Jacksonville. Denise has a 31-year-old son, Justin, that has autism and lives independently and has worked at Publix for 12 years.



Cheri Mitchell is first and foremost a self-advocate. She has spent the last 20 years working on behalf of people with disabilities and people who are elderly across Georgia and the nation. She is dedicated to helping people get out of nursing facilities and back into the community and helping people find housing. She has worked with a host of disability organizations including the Georgia Advocacy Office, the Self Advocacy Resource and Technical Assistance Center (SARTAC), TASH, and is a former president of People First of Georgia.



Abilities Venti is FL SAND's group in Pembroke Pines. In addition to self-advocacy, its mission includes education and inclusion. Their "How Not

to Run a Board Meeting" presentation premiered at Family Café in 2003 and was presented at the FL SAND Conference in 2017. Members presenting are Melissa Yarb, Indya Barnes, Carol Rudinsky, Gary Schwartz, Nick Stone, and Stephani Levitt.

Village Voices is one of FL SAND's groups in Jacksonville that meets at the Arc Village.

Group members have become sought after volunteers at community events. Jason Brandt, Jessica Bartlett, Tawarner Jennings, Moira Rossi, Jeff Secure and Betsy Zahn are assisting in the "Advocacy Rocks" activity.





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Conference Schedule

Friday, January 25, 2019

Time	Event	Location
3 — 8 PM	<ul style="list-style-type: none"> ◆ Conference Registration ◆ Employment First Florida video suite open 	Legacy Lobby Legacy South 1
4 — 5:15 PM	Board of Directors Strategic Planning Session	Symposium East
7—8:30 PM	Conference Kick-Off & Welcome <ul style="list-style-type: none"> ◆ Amanda Baker and Eddie Hall, FL SAND ◆ Kelli Munn & Tina St.Clair, Organizational Management Solutions ◆ Sponsor Welcomes 	Legacy North
7:30—8:30 PM	“What Would You Do?” Skits	
8:30 PM	Refreshments Served	Legacy North
8:30 —10 PM	<ul style="list-style-type: none"> ◆ Free social time, board games, fun ◆ Screening of “Intelligent Lives” documentary ◆ Advisors Meeting 	Legacy North Legacy South 1 Symposium East

Saturday, January 26, 2019 / Morning

Time	Event	Location
8:30 AM—5:30 PM	Exhibit Hall Open	Legacy South 2
8:30 AM—1:30 PM	Employment First Florida video suite open	Legacy South 1
9 — 9:30 AM	Morning Welcome <ul style="list-style-type: none"> ◆ Amanda Baker and Jimmy Fricke, FL SAND ◆ FL SAND Anthem ◆ Ann Smith, Florida Developmental Disabilities Council ◆ Sponsor Welcomes 	Legacy North
9:30 — 10:15 AM	Keynote Address: “Advocacy Works” <ul style="list-style-type: none"> ◆ Sarah Goldman, District Aide to State Rep. Ben Diamond 	Legacy North
	15 MINUTE BREAK	
10:30 — 11:45AM	2019 Legislative Priority Convention <ul style="list-style-type: none"> ◆ Margaret Hooper, Florida Developmental Disabilities Council ◆ Amanda Baker, FL SAND “Ridin’ the Wave From Good to Great”—Discussion of FL SAND’s Sustainability <ul style="list-style-type: none"> ◆ Tina St.Clair & Kelli Munn, Organizational Management Solutions 	Legacy North

Conference Schedule

Saturday, January 26, 2019 / Afternoon

Time	Event	Location
11:45AM -12:15PM	Break — Get Box Lunches	Legacy North
12:15 — 1:15PM	Lunch Panel: “Innovative Grassroots Advocacy” ♦ Sponsor Welcome ♦ Kevin McDaniel, City of Jacksonville Disabled Services ♦ Natalie Alden, Disability Rights Florida ♦ Sarah Goldman, State Rep. Ben Diamond’s office	
	30 MINUTE BREAK	
1:45 — 3:15PM	Regional Round Tables ♦ Group Assignments to be Announced	Legacy North 1 & 2 Legacy South 1
	15 MINUTE BREAK	
3:30 — 4:15 PM	♦ “Advocacy Rocks” —Village Voices	Legacy North 1
Break-out 1	♦ “Scoring a ‘Perfect 10’ – Strategies for Effective Self-Advocacy”— Wendy Vance and Jason Hahr ♦ “How <i>Not</i> to Run a Board Meeting” — Abilities Venti	Legacy North 2 Legacy South 1
	15 MINUTE BREAK	
4:30 — 5:15 PM	♦ “Making Work <i>Work</i> for You” —Amanda Baker	Legacy North 1
Break-out 2	♦ “Managing Individual Supports” — Christinne Rudd and Natalie Jean ♦ “New Group Basics” — Denise Prehay, Cheri Mitchell, and Denise Torres	Legacy North 2 Legacy South 1
6 PM	Dinner at Buca di Beppo or Miller’s Ale House	
8 — 10 PM	Glow Night Dancing & Fun with DJ Dan Booton	Legacy North
8 — 9:15 PM	Screening of “Intelligent Lives” Documentary	Legacy South 1

**Enjoy dinner together at Buca di Beppo in the Florida Mall or
Miller’s Ale House.**

Please arrive in time to be seated at 6 PM

(Pick up a map at the registration table).

Conference Schedule

Sunday, January 27, 2019

Time	Event	Location
9 — 9:30 AM	Morning Welcome ♦ Amanda Baker and Mildretta Williams, FL SAND ♦ Cheri Mitchell, Self-Advocates Becoming Empowered (SABE) ♦ Sponsor Welcomes	Legacy North
9:30 — 11 AM	Local Group Annual Reports ♦ Rachael Riccobene, FL SAND Secretary	Legacy North
	15 MINUTE BREAK	
11:15AM — 12:30PM	FL SAND General Meeting	Legacy North

FL SAND Anthem

“My Voice Matters”
by David Roth

Written by David Roth
in collaboration with
FL SAND members at
the 2014 annual
conference.

My voice matters, my voice counts
Get to know what I am all about
No more labels, fears or doubts
My voice matters, my voice counts

We’re all different, and we’re the same
We all have challenges, and we all have dreams
My dreams are important just like yours
We can teach each other, we can teach the world

CHORUS

My voice matters, my voice counts
Get to know what I am all about
No more labels, fears or doubts
My voice matters, my voice counts

I am gifted, I am strong
We are powerful, one and all
We are determined to make a change
All are equal, all the same

(Repeat CHORUS)



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New Horizons Support Group for People with Disabilities & FL SAND

*Wish to thank Yellow Cab of Tampa and ridewyse for
providing transportation to the conference.*



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Surf's Up



Employment First
FLORIDA



**Stand Up for Independence
Self-Advocacy Group**



Rip Curl

♦ **Florida Center for Inclusive Communities**

Announcements & Thanks



If you see this lovely lady scurrying through the meeting rooms this weekend, please take a minute to say “Hello and Thank You!” Cher Lamoureux and her husband Jason have

designed, built, transported, and stored all the decorations for our conferences the last three years. Cher spends hours working on the perfect table centerpiece, décor, and photo booth props to go with our theme each year and truly sees her contribution as a labor of love.

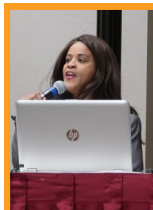


Don't forget . . .

- ◆ To visit the exhibit hall in Legacy South 2 Saturday 8:30 AM—5:30 PM
- ◆ To turn in all conference evaluations at the registration desk before you leave Sunday.



**Florida's Go-To Source
for Self-Advocacy News and
Information**



FSACentral.org

Stay Connected!



- ⇒ Join the FL SAND Facebook Group (type “Florida Self-Advocates Network” in the Facebook search window).
- ⇒ Like the Florida Self-Advocacy Central Facebook page.
- ⇒ Subscribe to Florida Self-Advocacy Central to receive regular updates and newsletters. Sign up at FSACentral.org.
- ⇒ Make sure your local group page on FLSAND.org is updated. Send changes to Kelli or Tina.
- ⇒ Post group news, information, and photos to the FL SAND Facebook group. How else are we going to know about the awesome things you're doing?

Break-Out Sessions

Advocacy Rocks: Village Voices — 3:30-4:15 PM Saturday in Legacy North 1

This is a hands-on rock painting opportunity to create self-advocacy related inspirational rocks to keep or to share. All materials will be provided. Limited to 50 people (self-advocates will be given priority).

Scoring a “Perfect 10” — Strategies for Effective Self-Advocacy: Wendy Vance and Jason Hahr — 3:30-4:15 PM Saturday in Legacy North 2

This introductory session will provide an overview of self-advocacy topics. It is ideal for new self-advocates or those needing a refresher on what it means to be an effective self-advocate. Jason Hahr will conclude the session by sharing how self-advocates can get involved in Florida’s new REV UP voting awareness coalition.

How Not to Run a Board Meeting: Abilities Venti — 3:30-4:15 PM Saturday in Legacy South 1

This is a comedy-based presentation, portraying a self-advocacy group board meeting as an opportunity to teach self-advocates, board members, and new group leaders how to conduct themselves effectively in board and local group meetings. The audience will be able to participate and, if time permits, a video on the history of the self-advocacy movement will be shown.

Making Work *Work* for You: Amanda Baker — 4:30-5:15 PM Saturday in Legacy North 1

This presentation takes an in-depth look at benefits planning, work incentives, and various programs and incentives for individuals receiving Social Security. This session would be beneficial for all self-advocates and providers but particularly those who want to work or have thought about working but are afraid of losing benefits related to earnings and asset limits.

Managing Individual Supports: Christinne Rudd and Natalie Jean — 4:30-5:15 PM Saturday in Legacy North 2

This session will provide information and advice on how to research, cultivate, advocate for, and successfully acquire individual supports and services for people with intellectual and developmental disabilities. The presenters will address supports for individuals who are not on the Medicaid waiver as well as for those on the waiver.

New Group Basics: Denise Prehay, Cheri Mitchell, and Denise Torres — 4:30-5:15 PM Saturday in Legacy South 1

This session is intended to provide information to leaders in new groups that have joined the FL SAND network. Topics will include respectful speech and behavior among group members, resources available at the state and national level, and advice from a group advisor.



Employment First Florida is about making sure people with disabilities get the help they need to work in their communities, doing a job they like, and getting paid minimum wage or better to do it.

We provide self-advocates

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Employment First is a joint project of the Florida Developmental Disabilities Council and the Institute for Community Inclusion at the University of Massachusetts Boston.



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FL SAND is sponsored by the United States Department of Health and Human Services, Administration on Intellectual and Developmental Disabilities and the Florida Developmental Disabilities Council, Inc.



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